

Guidelines for SUBMITTING Op-Eds

The Observatory for Human Rights

Updated: 19 September 2025

Send the file (in Google Docs format) by email to theobservatoryforhumanrights@gmail.com and write:

- ➔ as the **subject line**: **Op-Ed by [Your Name and Surname] on "[The Title]"**
- ➔ on the **body** of the email:
 - Author Name and Surname,
 - THE LINK OF YOUR LINKEDIN PROFILE for the "Written by" Reference on the Website and on LinkedIn,
 - THE INSTAGRAM USERNAME and THE LINK OF YOUR PROFILE for tagging you on Instagram,
 - A Brief Explanation of your Article Topic.

TEMPLATE (the article must be written in ENGLISH)

Date of Submission: [Monday 06 October 2025]

Author Name and Surname

Title of the Article

[Your article text goes here. Make sure it is at least 500 words and no more than 700 words. The article should be engaging and well-structured, ideally with an introduction, body paragraphs, and a conclusion that includes the actions/visions of the international community]

Body:

- Paragraph 1: When & what happened.
- Paragraph 2: Who (victims & aggressors), why it happened, and the location.
- Paragraph 3: Actions taken by the international community/local authorities.
- ➔ Always include links **within the text**, linking to the **sources used** whenever there is **important information, data, or quotations** in quotation marks.

Official Sources in HARVARD Style - Author(s) or Organisation, Year of publication (in brackets), Title (in italics), Publisher (and sometimes place of publication), link ➔ Example:

- Amnesty International (2022) *Death penalty in 2022: Facts and figures*. Available at: <https://www.amnesty.org>
- United Nations (2024) *Human Rights Council Communication 28/2024: Alleged forced evictions of Nooksack families in the United States*. Available at: <https://www.ohchr.org>
- The Guardian (2023) *US death penalty executions rise amid growing global criticism*. Available at: <https://www.theguardian.com>

Photo: Insert the URL [Search and insert royalty-free images from trusted websites such as Unsplash, Pexels, or Pixabay, you can find the full list of trusted websites on the guidelines document. These images should be relevant to the topic of your article.] **THE IMAGE MUST BE HORIZONTAL.**

Credit for Photo: [Photo by ... oncom]

Recommended Websites to use as a Source

International Institutions

- United Nations (UN) – <https://www.un.org>
- UN OCHA (Office for the Coordination of Humanitarian Affairs) – <https://www.unocha.org>
- UNHCR (UN Refugee Agency) – <https://www.unhcr.org>
- OHCHR (Office of the High Commissioner for Human Rights) – <https://www.ohchr.org>
- Council of Europe – <https://www.coe.int>
- European Union (official portal) – <https://europa.eu>
- EEAS (European External Action Service) – <https://www.eeas.europa.eu>
- OSCE (Organization for Security and Co-operation in Europe) – <https://www.osce.org>
- World Bank – <https://www.worldbank.org>
- IMF (International Monetary Fund) – <https://www.imf.org>

News Outlets (free access)

- The Guardian – <https://www.theguardian.com>
- AP News (Associated Press) – <https://apnews.com>
- Reuters – <https://www.reuters.com>
- BBC News (World section) – <https://www.bbc.com/news/world>
- Al Jazeera English – <https://www.aljazeera.com>
- Il Post (Italian independent media, mostly free) – <https://www.ilpost.it>
- Internazionale (Italian magazine, some free, some premium content) – <https://www.internazionale.it>

NGOs and Activism

- Amnesty International – <https://www.amnesty.org>
- Human Rights Watch (HRW) – <https://www.hrw.org>
- International Crisis Group – <https://www.crisisgroup.org>
- Médecins Sans Frontières (MSF / Doctors Without Borders) – <https://www.msf.org>
- Freedom House – <https://freedomhouse.org>
- Reporters Without Borders (RSF) – <https://rsf.org>
- Transparency International – <https://www.transparency.org>

Think Tanks and Research

- Carnegie Endowment for International Peace – <https://carnegieendowment.org>
- Chatham House (Royal Institute of International Affairs) – <https://www.chathamhouse.org>
- Brookings Institution – <https://www.brookings.edu>
- Council on Foreign Relations (CFR) – <https://www.cfr.org>
- ISPI (Italian Institute for International Political Studies) – <https://www.ispionline.it>

Recommended Websites for Royalty-Free Images

1. <https://www.pexels.com/>
2. <https://unsplash.com/>
3. <https://www.splitshire.com/>
4. <https://www.istockphoto.com/it>



The Observatory for Human Rights

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LinkedIn: @the Observatory for Human Rights

Instagram: @ohr_observatory

5. <https://gratisography.com/>
6. <https://negativespace.co/>
7. <https://www.stockvault.net/>
8. <https://pixabay.com/it/>